

Caffetteria

(available cow milk, low fat cow milk, soya milk, almond milk)

Espresso 180 ksh

Espresso double 280 ksh

Cappuccino 280 ksh

Babyccino 200 ksh

Caffelatte 300 ksh

Milk shake 450 ksh

Kenyan coffee 180 ksh

Ice coffee 350 ksh

Irish coffee 890 ksh

Hot tea 200 ksh (choice of different tea and fruit infusions)

Iced tea 300 ksh (lemon or peach)



Fresh juices

Fresh Mango juice 350 ksh

Fresh Passion juice 350 ksh

Fresh Orange juice 400 ksh

Tutti Frutti 450 ksh

mango juice, passion juice, grenadine

Pastries

Croissant (plain, custard, nutella, jam)
250 ksh

Bombolone (plain, custard, nutella, jam)
250 ksh

Cantuccini (2pc) 180 ksh

Drinks

Water still (MAYERS GLSS BOTTLE)
0,70 Lt 230 ksh

Water sparkling (MAYERS GLASS BOTTLE)
0,70 LT 250 ksh

Soda 150 ksh

Breakfast

English Breakfast 950 ksh

Bacon, eggs, wurstel, beans, bread ,
coffe or tea

Healthy Breakfast 780 ksh

Yoghurt, muesli, fresh fruit juice,
fruit salad, milk or coffe or tea or
cappuccino or babyccino

**Eggs anystyle with toast and
spinach 790 ksh**

Colazione italiana 450 ksh

babyccino e cornetto o bombolone

Golosa 1200 ksh

pastries and biscuits basket, jam, nutella,
juice, crepes with jam or nutella or honey,
cappuccino or babyccino or coffe or tea

Salata 1500 ksh

small tagliere of cold cuts and cheeses ,
baguette, omelette, coffe or tea, juice

Nordica 1500 ksh

salmon, toasted bread, butter,
scrambled eggs, vegetables

Chips and Sausages 800 Ksh

**Thick hot
CHOCOLATE
390 ksh**



Antipasti - Starters

Polipo e olive in salsa piccante 1600 ksh

Octopus with olives, tomato and chilli served with garlic toasted bread

Tagliere "La Cascina" 3500 ksh

A selection of italian salami , cheese, pickles and fried bread (for 2) ✓

Formaggiata 2200 ksh

Selection of imported and local cheeses served with jam, chutney and focaccia

Salmone in due 1700 ksh

Smoked salmon platter, with avocado and rucola and rolled with cream cheese and olives ✓

Fungoso 1200 ksh

Creamy mushrooms served with soft garlic focaccia

Carpaccio con rucola, parmigiano e carciofini 1500 ksh

Raw beef topped with rucola, parmesan cheese and pickled artichokes

Gamberetti in salsa rosa, con avocado , mango and e anacardi 1300 ksh

Prawns Cocktail with mango, avocado and cashewnuts

Composta di crudo 1900 ksh

Parma ham, avocado, parmesan flakes, cherry tomato, rucola and yogurt

Insalate - Salads

Insalata La Cascina 850 ksh

Chicken chunks, grilled pineapple, avocado, cashewnuts, lettuce, cherry tomatoes, onions

Tonnata 750 ksh

Mix green leaves, tuna, tomato, olives, onion

Sfettunta 700 ksh ✓

Rocket leaves, Feta cheese, beetroot, parmesan flakes, green leaves

Caprese e verdure grigliate 1300 ksh ✓

Italian Mozzarella and Tomato caprese salad served with mixed grilled vegetables and pesto sauce

Cundigiun 780 ksh ✓

Potatoes, french beans, boiled onions, cherry tomatoes, olives, capers, basil, boiled egg, served with small soft focaccia

**SMALL PORTIONS 75% OF THE PRICE
BIG PORTIONS 35% ADDITION**



Bruschettone

Classica 500 ksh ✓

Tomato concasse, garlic oil, basil oregano

Verdure e mozzarella 550 ksh ✓

Julienne of vegetables and mozzarella

Tirolese 650 ksh

Mozzarella, smoked scamorza and spek

Cacciatora 600 ksh

Mozzarella, tomato concasse, italian salami

Pancetta e cipolla 600 ksh

Mozzarella, bacon, onions rings

Norvegese 800 ksh

Smoked salmon, cream cheese, avocado, black olives

Boscaiola 600 ksh ✓

Mozzarella, Taleggio cheese, mushrooms

Piadine

Affumicata 800 ksh

Mozzarella, scamorza cheese, speck

Crudo e rucola 800 ksh

Rocket leaves, parma ham

Semplice 800 ksh ✓

Tomato slices, mozzarella, rucola

Polletta 800 ksh

Chicken ham, mozzarella, mushrooms

Cotto e mozzarella 800 ksh

Cooked ham and mozzarella cheese

Salmonata 800 ksh

Salmone, philadelphia e avocado cream

Speck e Fontina 800 ksh

Smoked spek, fontina cheese

Valtellina 900 ksh

Zuppe - Soup

Zuppa Ele 750 ksh ✓

Tomato soup served with toasted garlic bread

Crema di patate e funghi 750 ksh ✓

Cream of potatoes and mushrooms

Minestrone 750 ksh ✓

Typical italian vegetable soup

Zuppa Lara 750 ksh ✓

Pumpkin soup

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BIG PORTION 35% ADDITION



Primi Piatti

Penne parmigiana 1300 ksh ✓

Penne with aubergine, tomato, baked with mozzarella, parmesan and origan

Lasagna Classica 1400 ksh

Typical baked alternated pasta with white sauce and bolognese sauce

Lasagna verde 1300 ksh ✓

Vegetarian lasagna with pesto, baby marrows and pistacchio,

Ravioli ricotta e spinaci 1300 ksh ✓

Stuffed ravioli with ricotta and spinach saute with fresh asparagus or tomato sauce, or white sauce or pink sauce

Penne Arrabbiata al profumo di Pesto 1100 ksh ✓

Short pasta with tomato concasse , chilli and a pinch of Pesto sauce

Gnocchi di patate al gorgonzola, butter and sage or tomato 1300 ksh ✓

Potatoes gnocchi with gorgonzola cheese cream sauce tomato or butter and sage

Pappardelle primavera 1300 ksh ✓

Home made pasta with capsicums, onion, mushrooms in cream sauce and saffron

Spaghetti Calamari e Gamberi 1500 ksh

Spaghetti pasta with shrimps and calamari in garlic olive oil or fresh tomato or cream sauce

Tagliatelle gamberi, limone e erba cipollina 1500 ksh

Home made pasta with shrimps, lemon and spring onion

ALL THE PASTA IS SERVED AL DENTE
IF REQUESTED WELL DONE ASK YOUR
WAITER ON ORDER

I Classici Italiani

(at your choice: spaghetti or penne or maccheroni)

Pasta Amatriciana 1280 ksh

Bacon, onion, tomato sauce

Pasta Carbonara 1280 ksh

Bacon, eggs, pecorino cheese, parmesan

Pasta ricotta e funghi 1280 ksh ✓

ricotta and mushrooms

Pasta Puttanesca 1280 ksh

Capers, olives, anchovies, tomato sauce, chilli

Pasta alla Bolognese 1280 ksh

Tomato sauce and minced meat

Pasta Aglio & Olio 1280 ksh ✓

Garlic and oil sauce with or without chilli

Pasta caciopepe 1280 Ksh ✓

Parmesan cheese, pecorino cheese and black pepper

Pasta Alfredo 1280 ksh

Penne with chicken and sage in cream sauce

Risotti

Risotto Marco 1500 ksh ✓

Risotto with dried porcini mushrooms

Risotto Tommy 1500 ksh ✓

Risotto with red wine and taleggio cheese

Risotto zucca e gorgonzola 1400 ksh

Risotto with pumpkin and gorgonzola cheese

Risotto Leo 1500 ksh

Risotto with smoked ham and smoked scamorza cheese

Risotto Emi 1700 ksh

Risotto with baby marrow , smoked salmon and mascarpone cheese

Small portions 75% of the price

Gluten free pasta available (20 minutes)

Whole wheat pasta available (20 minutes)



From the Grill

Filetto di Salmone 1800 ksh

Grilled salmon steak

Gran Grigliata di carne 2000 ksh

Selection of grilled meat: chicken, pork, lamb, beef served with grilled polenta

Costolette di Agnello Scottadito 1700 ksh

Grilled lamb loin chops

Tagliata di manzo con rucola, parmigiano e aceto balsamico 1700 ksh

Sliced beef grilled, topped with rocket leaves, parmesan flakes and balsamic cream

Spiedini di pollo 1700 ksh

grilled chicken skewers mix breast and leg boneless

Spiedini di pesce 1900 ksh

seafood skewers prawns, calamari and grilled fish

Accompaniments

Chips 450 ksh ✓

Mushed potatoes au gratin 450 ksh ✓

Rustic baked potato 490 ksh ✓

Mixed grilled vegetables 490 ksh ✓

Creamy spinach 490 ksh ✓

Baked broccoli and cauliflower with white sauce mozzarella and parmesan (20 min) 600 ksh ✓

Secondi - Main Course

Filetto di manzo 1700 ksh

Beef fillet in pepper sauce or porcini mushroom sauce or sage and butter or red wine sauce

Frittura di Calamari e Gamberi 1700 ksh

Deep fried calamari and prawns

Hamburger La Cascina 1100 ksh

200 gr

Milanese di Pollo 1500 ksh

Thin sliced chicken breast , fried "Milanese" style

Verdure e riso all'orientale 1100 ksh ✓

Mix vegetables sweet and sour with fried rice

Petto di Pollo ai funghi 1600 ksh

Chicken bone less breast in creamy mushroom sauce

Saltimbocca 1800 ksh

Tin sliced beef with bacon, sage in wine sauce

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BIG PORTION 35% ADDITION



Pizze

Margherita 1000 ksh

Tomato and Mozzarella

Baby Margherita 700 ksh

Small pizza margherita

Napoli 1000 ksh

Tomato, mozzarella and anchioves

Wurstel 1100 ksh

Tomato, Mozzarella, beef wurstel

Gigi 1100 ksh

Tomato, mozzarella , tuna, red onion

Prosciutto e funghi 1100 ksh

Tomato, mozzarella, ham and mushrooms

Romana 1200 ksh

Tomato, mozzarella, anchioves and cap-pers

Ananassa 1000 ksh

Tomato mozzarella and pineapple

Yvette 1100 ksh

Tomato , mozzarella, grilled chicken and mushrooms

Ila 1300 ksh

Tomato, mozzarella, beef bresaola , parmisan and rucola

Serena 1200 ksh

Tomato, mozzarella, salami, taleggio cheese

Prosciutto crudo 1300 ksh

Tomato, mozzarella, parma ham, and philadelphia cheese

Vegetariana 1100 ksh

Tomato, mozzarella, capsicum, baby marrow and mushroom

Seafood 1500 ksh

Mozzarella, calamari, prawns and cherry tomato

Le Speciali

Calzone 1200 ksh

Folded Pizza with mozzarella, ham, mushrooms

Bombina 1100 ksh

Tomato, mozzarella, onion , chilli, pineapple, olives

Agliata 1100 ksh

Tomato, organ, chilli and garlic

4 formaggi 1200 ksh

4 cheese white pizza

Lisa 1200 ksh

Mozzarella, cream, sliced potatoes, bacon, rosemary

Mara 1100 ksh

Tomato , mozzarella, minced meat

Coso 1100 ksh

Tomato, mozzarella, black olives, capers, anchovies, seet pepper, mushrooms and artichokes

La Feta 1300 ksh

Pesto sauce, feta cheese, mushrooms and caramelized cherry tomatoes

Con salmone 1600 ksh

Mozzarella, cream, salmon, capers and spring onion

Focacce

Focaccia 500 ksh

Flavoured with rosemary and olive oil

Focaccia con crudo 1200 ksh

topped with slices of Parma ham

Focaccia Speck e scamorza 1200 ksh

mozzarella , scamorza smoked cheese, speck

Focalzone 700 ksh

Focaccia calzone style with garlic, organ onion, rosmary and tomato paste

All Pizzas are available with whole wheate flour

Small Pizza 75% of the price

Pizzas are available from 11.30 am